



# Chicago Methodist Senior Services

## 2023 FALL BENEFIT

THURSDAY, SEPTEMBER 14



WE'RE PROUD TO SUPPORT

# CHICAGO METHODIST SENIOR SERVICES

Being your community bank means doing our part to give back to the local charities and social organizations that unite and strengthen our communities. We're particularly proud to support Chicago Methodist Senior Services and its dedication to improving the quality of life for older adults by empowering them to live with dignity and respect.

WINTRUST  

---

COMMUNITY BANKS

[wintrust.com/findus](https://wintrust.com/findus)



# LETTER FROM THE PRESIDENT

---

Dear CMSS Friends and Family,

Thank you for joining Chicago Methodist Senior Services (CMSS) for our 2023 Fall Benefit and the kickoff of our 125<sup>th</sup> Anniversary year. We are grateful to you for being a part of our long, impressive history and our bright future.

For 125 years, CMSS has provided care and services to older adults. Our story began when Alice Hartwell, a benevolent woman dedicated to helping elders, noticed that older adults in her community needed a home along with supportive care. While we have grown and expanded our programs over our many years, our main approach has not changed – we seek to first, understand the needs of older adults in the community, and then address gaps in service to meet those needs. Tonight, and throughout the next year, we will celebrate the care we have provided and the older adults and families who have been a part of our story. As we look to our next 125 years, we are excited to continue learning and evolving alongside the communities we serve.

This year, we are thrilled to present the 2023 Spirit Award to honoree Paula Basta, Director of the Illinois Department on Aging. The Spirit Award is presented each year to an individual in the field of aging services who demonstrates CMSS' core values – dignity, respect, compassion, and equality. Paula's remarkable career of more than 40 years of serving and empowering older adults is an inspiration to all of us at CMSS.

As a non-profit organization, our work would not be possible without the generosity and support of friends like you. Thank you for helping to improve the lives of older adults and their families in our community. Enjoy the evening.

With gratitude,



Bill

Bill Lowe  
President & CEO  
CMSS



# ORDER OF THE EVENING

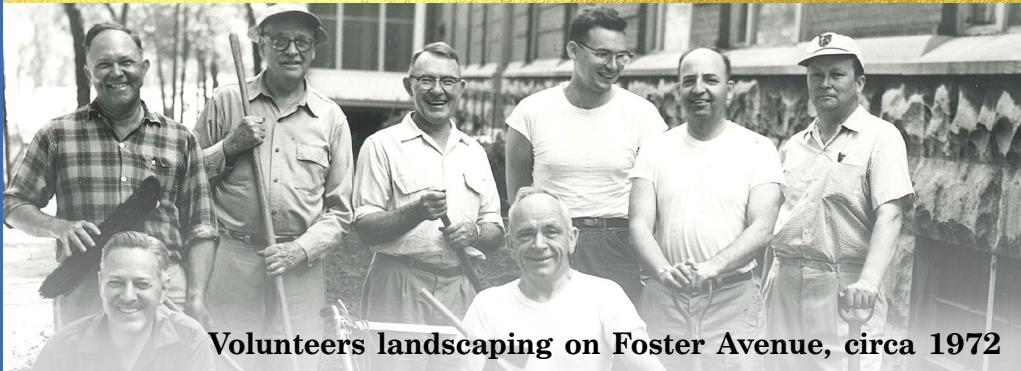
---

## 6PM RECEPTION

Cocktails and Hors d'Oeuvres

## 7PM DINNER & PROGRAM

Welcome  
Dinner  
Remarks  
Presentation of 2023 Spirit Award  
Raffle Drawing



Volunteers landscaping on Foster Avenue, circa 1972



# PROUD TO SUPPORT THE COMMUNITIES IN WHICH WE SERVE

The law firm of Roetzel & Andress is proud to support  
Chicago Methodist Senior Services and its  
2023 Fall Benefit and 125th Anniversary kickoff.

We congratulate Paula Basta on receiving  
the 3rd Annual Spirit Award.



70 W. Madison Street • Suite 3000 • Chicago, IL 60602

[RALAW.COM](http://RALAW.COM)

# PROGRAMS AND SERVICES

---

## AFFORDABLE SENIOR HOUSING

### Winwood and Glenwood Apartments

*"I like living here because [the staff] are here for the residents...We have the best maintenance workers. I believe that our community of diverse residents and staff has a positive impact on us. The neighborhood is nice and conveniently located."*

-Affordable Senior Housing Resident

## SENIOR CONNECTIONS

### Friendly Visitor Program

*"For me the most important part of volunteering has been learning about [the older adult] and developing a friendship. We both have learned a lot about ourselves and each other. I have also learned a lot about patience and communication from our friendship."*

-Senior Connections Volunteer

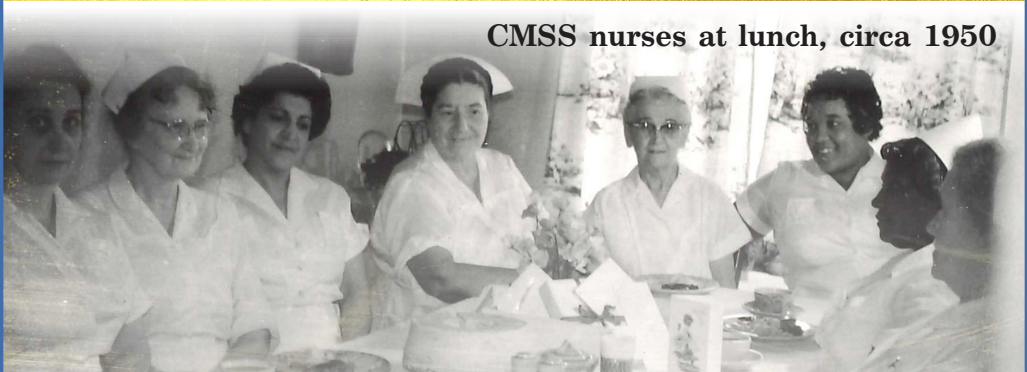
## SASI HOME CARE

### Personalized Home Care

*"I like the personal attention given. They are dependable, professional, experienced, and congenial. There is good communication, and they are highly responsive to my needs."*

-SASI Home Care Client

CMSS nurses at lunch, circa 1950



# PROGRAMS AND SERVICES

---

## WEST SUBURBAN

**Resource Center, Engaging Day Programs, Meal Program, LGBT+ Program**

*"I like coming here because of the warmth of everyone. It's my second home.*

*There are so many benefits, we exercise, we even have a physical therapist who comes in twice a week. It's a chance to get out of the house, make new friends, and have fun!"*

-West Suburban Program Participant

## RESIDENTIAL CARE

**Memory Care, Long-Term Skilled Nursing, Short-Term Rehabilitation**

*"The care and compassion with which [the staff] treat the residents is what I like best. They do their best to make the residents feel safe....The activities offered are wonderful. The emphasis on music, art, and entertainment benefits all the residents."*

-Family Member of Resident

**Residents boarding the CMSS van, 1965**



# OUR MISSION AND VISION

---

## MISSION

Chicago Methodist Senior Services (CMSS) is a non-profit organization providing a continuum of care and residences committed to empowering each person we serve to live their best life, while embracing the needs of a diverse and evolving community.

## VISION

Chicago Methodist Senior Services (CMSS) will be a leader in building a diverse, equitable, and inclusive organization. We will create a progressive model of care that will lead the next generation of services supporting older adults, while being recognized throughout our continuum of services as demonstrating excellence in memory care.

### Construction of Affordable Senior Housing, 1989





# SPIRIT AWARD HONOREE

---

## PAULA BASTA



This year, we are thrilled to present the 2023 Spirit Award to honoree Paula Basta, Director of the Illinois Department on Aging. The Spirit Award is presented each year to an individual in the field of aging services who demonstrates CMSS' core values – dignity, respect, compassion, and equality. In her remarkable career, Paula has been a tireless advocate for improving the lives of older adults.

Governor JB Pritzker appointed Paula Basta as Director of the Illinois Department on Aging in March of 2019. She became the 13<sup>th</sup> director, and seventh woman to lead the agency. As a lifelong advocate for senior citizens, Paula brings her institutional knowledge of senior services, policy, and social justice to lead the Department.

Paula has more than 40 years of experience working with older adults. The first 20 years of Paula's career were spent in the not-for-profit sector with organizations such as Little Brothers – Friends of the Elderly; St. Clement Catholic Church; and Housing Opportunities and Maintenance for the Elderly (H.O.M.E.). While at H.O.M.E, Paula was named Executive Director following the retirement of its founders. She remained in that role for five years before embarking on a 20-year career in Government.

Paula's governmental experience began with the City of Chicago's Department on Aging as the Director of Information and Assistance. Paula then transitioned within the City of Chicago Department on Aging to begin a 14-year career as the Regional Director of the Northeast (Levy) Senior Center. Her most recent position prior to joining IDoA was with the Chicago Housing Authority as the Director of Senior Services and Health Initiatives. While serving as Director of Senior Services and Health Initiatives, Paula oversaw social services for 54 senior buildings and 10,000 seniors throughout Chicago.



## Chicago Methodist Senior Services

# Find the right care for you and your loved one at CMSS

---

- Affordable Senior Housing
- Friendly Visitor Program
- Engaging Day Programs
- Resource Center
- LGBT+ Programming
- Home Care Services
- Short-Term Rehab
- Long-Term Care
- Memory Care

Learn more and get involved at [cmsschicago.org](http://cmsschicago.org).



---

# **Josie and John Disterhoft**

---

**Congratulations to  
Chicago Methodist Senior Services  
on 125 years of care.**

**We are proud to support CMSS'  
work across the continuum of care  
to improve the lives of older adults.**



Chicago Methodist  
Senior Services

## Join us at West Suburban!

- Weekday lunch for a small, suggest donation
- Educational programming
- Resources center
- Exercise classes
- Social events
- LGBT+ program
- Visiting legal clinic



[cmsschicago.org](http://cmsschicago.org) | 708-547-5600 | 439 Bohland Ave, Bellwood, IL

---

# Bill and Diane Lowe

---

Congratulations to all members of the  
CMSS community on 125 years and counting.

Thank you to everyone  
who has joined us on this journey.



*At Lorenzo's House, we empower families living with younger-onset dementia through an array of holistic support. We are a virtual based community - touching the lives of families across the country and globe.*

**Youth Initiatives** offers support to our youth through our bi-monthly 'Light Club' & annual 'Youth Summit'

**Healing Spaces** provides support to caregiver partner/spouses through our monthly 'Bright Brunch' & 'Light Lounge'

**Connections** caregiver-to-caregiver match model to connect individuals walking a similar journey

**Music, Movement & Memory** an in-person interactive and stimulating music experience located in Chicago

773-636-9192

[info@lorenzoshouse.org](mailto:info@lorenzoshouse.org)



*-Special thanks to Bill Lowe and his team for supporting the vision and launch of Lorenzo's House-*



- **Corporate Headshots**
- **Editorial Commissions**
- **Annual Reports**
- **Special Events**
- **Family Portraits**
- **and other photography needs**

Tone Stockenström is a Swedish-American photographer with an MFA, based in Evanston, Illinois. She has more than 20 years of photography experience.

**Tonephoto.com | 773.491.6739**

*I am happy to photograph CMSS' 125<sup>th</sup> Anniversary as my mother celebrates her first year at Wesley Place.*



Art Therapy Room at Hartwell Place. Interior Design by Strong Design Consultants.

Strong Design Consultants congratulates Chicago Methodist Senior Services on providing 125 years of life enrichment programming for seniors, including its renowned Art Therapy program.



**Strong Design Consultants**  
Evanston IL 312.405.6138

Interior Design where the focus is on you!  
Contact [strongdesignltd@gmail.com](mailto:strongdesignltd@gmail.com)

---

# Leslie and Fred Knight

---

***Congratulations to  
Chicago Methodist Senior Services  
on 125 years of care  
for older adults.***

# | ZIEGLER SENIOR LIVING FINANCE

**TOGETHER WE ARE MAKING A CONTINUED COMMITMENT TO  
SENIOR LIVING EXCELLENCE THROUGH EDUCATION AND  
COMPREHENSIVE, INNOVATIVE FINANCIAL SERVICES**



Investment Banking



Seed Capital



Financial Risk Management



FHA/HUD Mortgage Banking



Dispositions, Mergers &  
Acquisitions



Capital & Strategic Planning



Sponsorship Transitions



Research, Education & Thought  
Leadership

[www.ziegler.com](http://www.ziegler.com)

**Steven Johnson**  
Managing Director  
[sjohnson@ziegler.com](mailto:sjohnson@ziegler.com)

**Nick Glaisner**  
Managing Director  
[nglaisner@ziegler.com](mailto:nglaisner@ziegler.com)



Investment banking services offered through B.C. Ziegler and Company. FHA mortgage banking services are provided through Ziegler Financing Corporation, which is not a registered broker/dealer. Ziegler Financing Corporation and B.C. Ziegler and Company are affiliated and referral fees may be paid by either entity for services provided.  
©2023 B.C. Ziegler and Company | Member SIPC & FINRA

**Celebrating our first full year of dementia-friendly  
worship with Wesley Place residents!**



**Berry United Methodist Church**

**Rooted in Lincoln Square**

**Grounded in honesty, compassion, and inclusivity**

[www.berryumc.org](http://www.berryumc.org) — [facebook.com/berryumc](https://facebook.com/berryumc)



## Wintersteen Patel Law Group

Wintersteen Patel Law Group congratulates Chicago Methodist Senior Services on 125 years of compassionate care and community service. We are honored to support the work you do.

[wintersteenpatel.com](http://wintersteenpatel.com)

53 W. Jackson Blvd., Suite 418  
Chicago, IL 60604

**Your future is limitless.  
Let Marsh McLennan  
Agency take you there.**

Providing risk management solutions and cost-saving strategies to senior living organizations seeking limitless possibilities.

847.463.7207 | [MarshMMA.com](http://MarshMMA.com)



**Your future is limitless.™**

©2024 Marsh McLennan Insurance Agency LLC, CA Insurance License 00118131.  
Copyright © 2023 Marsh & McLennan Agency LLC. All rights reserved. MarshMMA.com





**773-506-8900**

**1054 W Lawrence Ave  
Chicago, IL 60640**



**SECURE THE  
FUTURE, BE  
POWERED BY IPMG.**

At IPMG, we know that you need more than just a regular insurance model. We strive to create unique solutions for our partners. Learn more how IPMG can help your business at

**WWW.IPMG.COM**



Providing exceptional senior community living and health care:

- *Chestnut Square at The Glen*
- *Partners in Healthcare*

**(847) 998-1118**

2601 Chestnut Ave, Glenview, IL  
[www.bethanymethodist.org](http://www.bethanymethodist.org)

*Jolie Fleur*  
FLOWER BOUTIQUE

**312-321-1704**

**444 N Wabash Ave  
Suite 410  
Chicago, IL 60611**

**Joliefleur.com**



**Chicago Methodist  
Senior Services**

## **SASI Home Care**

Non-medical hourly, overnight, or live-in home care to assist with daily activities of life.

- Personal care
- Assistance with errands
- Household tasks
- and more

[cmsschicago.org](http://cmsschicago.org) | 847-864-7274



## **WE'RE PROUD TO SUPPORT CHICAGO METHODIST SENIOR SERVICES**

Great Lakes Advisors is a premier Chicago-based investment manager with a strong client focus providing customized equity, fixed income, and multi-asset strategies for more than 40 years.



**GREAT LAKES ADVISORS**

A WINTRUST WEALTH MANAGEMENT COMPANY

**FOR MORE INFORMATION, CONTACT:**

**Laura Wicklander West**

[lwest@greatlakesadvisors.com](mailto:lwest@greatlakesadvisors.com)

[greatlakesadvisors.com](http://greatlakesadvisors.com) | 312.553.3700



**Family-owned  
and operated**



**Devoted staff who  
love caring for patients**



**Quick, responsive  
and communicative**

312-427-6000  
[unityhospice.com](http://unityhospice.com)



**630-968-5232**

[carlsenelevator.com](http://carlsenelevator.com)

**2468 Wisconsin Ave.  
Downers Grove, IL 60515**

*In appreciation  
to CMSS  
for 125 years of  
caring and  
excellent service  
to our Seniors.*

**Noel A. DeBacker**  
MD, FACP, CMD

**O'HAGAN MEYER**  
ATTORNEYS ▲ ADVISORS

Proven Results Nationally.  
Exceptional Client Service.

O'Hagan Meyer is proud to support Chicago Methodist Senior Services and congratulates them on providing 125 years of services to older adults and their families.

**Contact:**

Kevin O'Hagan | Managing Partner  
kohagan@ohaganmeyer.com

Paige Canepari | Partner  
pcanepari@ohaganmeyer.com

ohaganmeyer.com



Chicago Methodist  
Senior Services

## Memory Care



At Hartwell Place and Wesley Place, CMSS provides private living suites and personalized, 24-hour care for people living with memory loss. We go beyond addressing medical needs to address social and emotional needs. By treating everyone in our care like the unique individual they are, we help residents thrive.

Learn more and book at tour at [cmsschicago.org/memorycare](https://cmsschicago.org/memorycare).

**MARY AND MARK  
KAKENMASTER**

&



*We are so proud  
to be a part of CMSS  
as they enter  
the next 125 years.*



**Wespath**  
INSTITUTIONAL INVESTMENTS

The WII Advantage - Our unique investment offering seeks to help faith-based institutional investors, like you, pursue their investment objectives in a way that honors your organizations' values.

**Karen Manczko, Director,  
Institutional Relationships,**

**[kmanczko@wespath.org](mailto:kmanczko@wespath.org)  
847-866-4236 direct  
773-981-2507 mobile**

**White Crane  
Wellness Center**

Expresses deep appreciation to CMSS for your extraordinary partnership, leadership, and commitment in improving the lives of older adults.

*Long Life - Good Health - Harmony*

# RECOGNITION

---

We are grateful for the generosity of our supporters.

## Sustainer

Josie and John\* Disterhoft  
 Libertyville Bank & Trust, A  
 Wintrust Community Bank  
 Roetzel & Andress

## Benefactor

Leslie\* and Fred Knight  
 MarshMcLennan Agency  
 Kathleen C. West\*  
 Wintersteen Patel Law Group

## Leader

APRehab  
 Michael and Megan Atieh  
 Joan Claffey and John  
 Ruggeri  
 The Cose Family  
 Bill and Diane Lowe  
 Ziegler

## Innovator

Arellano's Construction and  
 Development  
 Berry UMC  
 Bethany Methodist Corporation  
 Byline Bank  
 Carlsen Elevator Services, Inc.  
 Noel A. DeBacker, MD\*\*  
 Rev. Martin Deppe  
 Jesse Dudley\*  
 Michael J. Dudley\*  
 Great Lakes Advisors  
 Insurance Program Managers  
 Group  
 Mary\* and Mark Kakenmaster  
 O'Hagan Meyer  
 Strong Design Consultants  
 Unity Hospice and Palliative Care  
 White Crane Wellness Center  
 Max Yuan\*

Resident game night, circa 1940





## RECOGNITION

---

We are grateful for the generosity of our supporters.

### Patron

ARCH Consultants LTD

Paula A. Basta

Pat and Ed Blumen, MD

BMO Global Asset Management

Sarah Brunner

Corient

Andrew Deppe and Stephen J.  
Weiser

Javier Garibay

Jeanne Heid-Grubman

Ronna Hoffberg and Dana Mikstay

Chad Kunze

Greg and Stephanie Lowe

Henry\*\* and Robin MacMorran

Marcum LLP

Justin and Melissa Muro

North Side Federal Savings

John and Myrna Petlicki

R. Carrozza Plumbing Co., Inc.

Debra Sheridan

United Methodist Healthcare  
Recruitment

Stuart M. Sheldon of Stone  
Pogrund & Korey LLC

Eric J. Parker, Stotis & Baird  
Chartered

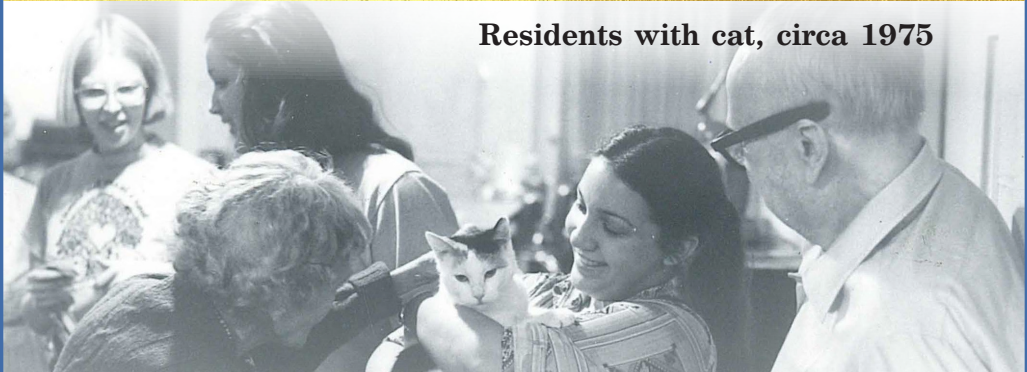
Symbria

Eden Tekle

Wespath Institutional Investments

Evan Witkowski\*

### Residents with cat, circa 1975







# RECOGNITION

We are grateful for the generosity of our supporters.

## Friend

Accelerated Care Plus, Leasing,  
Inc. (A Hanger Company)  
Alpha Baking Company  
Anonymous  
Richard Baird\*\*  
Barrera Landscaping  
Diana Bautista  
Emerald Restaurant Service  
Eversound by Uniguest  
Katie Fasullo  
genesisONE  
Patti Lowe Kuzniar  
Matt Lowe and Deborah Collum  
Nancy Napp  
No. 1 Fire Extinguisher LLC  
Northern Weathermakers  
Froi Nunez  
Parasol Alliance  
David Reid  
Rev. Steven Reid  
Ellen Woodward

## In-Kind Donors

Abt  
Anonymous  
Roman and Diana Arellano  
The DeSoto House Hotel  
Galena Trolley Tours  
Grand Beach Golf Course  
Hawk's Nest Outfitters  
Jolie Fleur, Ltd.  
Leslie\* and Fred Knight  
Mike Miller  
Tone Stockenstrom Photography

\*Board Member

\*\*Life Member

Gifts reflected as of September 5, 2023

## Letter to Supt. Isabelle Reeves, 1900

Reeves

Edgewater Ills

Dear Madam

our kindly furnish me full

## ARCHIVAL IMAGES

M. E. Parsonage,  
E. D. HULL,  
Pastor.

Harvard, ILL., Feb. 28 1900

Mrs Reeves  
Edquater Ills

Dear Madam

Will you kindly furnish me full information regarding the Old Ladies home of which you are in charge. I have a lady here a beautiful character, a life long member of the M.E. Church. On what condition can one enter, cost and all particulars.

Resp.  
Emory D. Hull

### Letter to Supt. Isabelle Reeves, recommending resident, 1900

CMSS was founded by Alice Hartwell in 1898. Alice's purpose in founding the organization was to provide a place for "elderly women" in her congregation to live. This letter, from 1900, is from her church's reverend at the time, informing CMSS' Superintendent that a woman from the church was seeking a home. At this time in history it was common for houses of worship to establish ways to care for their elders.

### Letter from Donor to Supt. Isabelle Reeves, 1913

This letter from our archives (stapled with a nail) was written by Mrs. R.H. Stroede to CMSS Supt. Reeves. At the time, Mrs. Stroede had a system of donating canned fruit to CMSS. Once the fruit was eaten, Supt. Reeves would send back the empty cans to be refilled.

Other letters from the time reveal donors providing dozens of eggs, gifts for the holidays, and also cash.

Alden, Ill.  
April 18, 1913

Isabelle A. Reeves  
Chicago.

Dear Friend:

You know doubt think we are very slow in answering your letter. Our Aid has been slow in having meetings this spring on account of so much sickness. If you will send the fruit cans we will fill as many as we can. I am sure it is for a grand cause. It is a blessing to know that these old folk have such a

## ARCHIVAL IMAGES



### Resident game night, circa 1940

This photo of residents playing checkers and other board games was likely taken in the 1940s. The residents are seated in what was then called Kent Hall on Foster Avenue. The redevelopment that resulted in today's current construction on Foster was done in 1974 to create additional space for residents and community.

### Residents knitting, circa 1950

A group of residents are seen here knitting and enjoying the sunshine.

Throughout our history, CMSS has offered a variety of engaging activities for residents. Today we offer music and art therapy programs that are designed to benefit residents living with dementia.



*Nurses - Chicago Home*

### CMSS nurses at lunch, circa 1960

These nurses are wearing white caps in various styles which was common for uniforms of the times. Before the 1970s, nurses wore white caps which signified the nursing school they attended or their level of educational achievement.

## ARCHIVAL IMAGES

---



### Residents boarding the CMSS van, 1965

Though the make and model has changed, our CMSS van remains an essential part of our services. We provide residents with transportation to appointments, and also use it to take residents on small field trips to scenic areas of Chicago.

### Chair exercise class, circa 1970

In this photo, a resident performs a seated exercise with two young women. Chair exercises, like chair yoga, include modified movements that improve strength and range of motion. Today we still use chair yoga in several CMSS locations.



### Eye doctors at CMSS, circa 1970

In the late 1960s, CMSS established programs for providing healthcare to the local community. The "Community of Services" as we called it, offered clinical ophthalmology, podiatry, dental, and hearing services to individuals in the neighborhood. This temporary expansion of services was meant to address a need in the area.





## ARCHIVAL IMAGES

---



### **Volunteers landscaping on Foster Avenue, 1972**

As a non-profit organization, CMSS has always depended on dedicated and generous volunteers to make our work possible. These eight men undertook landscaping tasks on Foster Avenue, on the north face of Wesley Place. The new hall featured a medical center and skilled nursing wing, as well as additional space for residents.

### **Dining staff at work, circa 1975**

The CMSS team would not be complete without our dining staff who ensure residents receive healthy and fresh daily meals. Today our dining staff takes into consideration the various dietary needs of each resident in our care.



### **Residents with cat, circa 1975**

This photo shows CMSS residents petting a feline visitor. Animal visits can be relaxing and joyful events for residents and family members, especially animal-lovers. Today we often have therapy dogs visit our communities.



## ARCHIVAL IMAGES

---



### **Construction of Affordable Senior Housing, 1989**

In 1990, CMSS opened the doors of the Winwood Apartments, establishing our first Affordable Senior Housing building in Andersonville, Chicago. Creating affordable housing for older adults was a high priority for CMSS as we expanded our continuum of care in the nineties.

### **A holiday party at West Suburban, February 2020**

West Suburban Senior Services has provided resources and programming for older adults for more than 50 years. In 2019, West Suburban became a part of CMSS' continuum of care.



### **Care partner at work, 2021**

CMSS has offered home care services since the late nineties. Today our SASI (Serving Adults. Supporting Independence.) Home Care program provides personalized care to older adults in their homes, in assisted living communities, and even in nursing homes when needed. As more older adults choose to age-in-place, programs like SASI offer the essential support that makes it possible.



## BOARD OF DIRECTORS

---

Richard L. Baird\*

Thomas D. Burkle\*

Julia B. Buthman\*

Noel A. DeBacker, M.D.\*

Leslie R. Desmond\*

John Disterhoft

Jesse Dudley

Michael J. Dudley

Mary Kakenmaster

Leslie Knight

Bill Lowe, *Ex Officio*

H.G. (Jock) MacMorran\*

Rahul Sharma, M.D.

Kathleen E. Stanton\*

Martha A. Strong, *Vice Chair*

Kathleen C. West, *Board Chair*

Evan Witkowski

Samuel Witwer, Jr.\*

Max Yuan

\*Life Member





# Chicago Methodist Senior Services

**Thank you for joining us for our  
2023 Fall Benefit  
and 125<sup>th</sup> Anniversary kickoff!**

---

To make a gift online, please use the  
QR Code below.

Your support improves the lives of older  
adults across our continuum of care.



[cmsschicago.org](https://cmsschicago.org)