

2022 IMPACT REPORT



Chicago Methodist
Senior Services

Dear CMSS Family and Friends,

The past few years have been the most challenging in my forty-plus year career in healthcare. It has left me with a deep respect and profound admiration for CMSS' dedicated team who continue to demonstrate great resilience, creativity, and compassion.

Despite the numerous challenges we face, we have continued to forge ahead, reimagining and expanding our approach to memory care across our continuum as the demand for affordable and accessible residences and services continue to grow. At the heart of our mission is the effort to create services that center on fostering connection, meaning, engagement, and joy for those we serve. To that end, we are grateful to this year's 2022 *Spirit Award* recipient, Dr. Neelum Aggarwal, a Rush University Medical Center Neurologist, for her pivotal role in one of our standout programs, Bringing Art to Life (BATL) created by Dr. Daniel Potts, a University of Alabama Neurologist. BATL brings together volunteer students who are trained to use person-centered techniques and expressive therapies with CMSS residents living with dementia. The one-on-one connections between students and residents are extraordinary. Through the power of art, residents are able to unlock memories once thought to be forgotten.

To maintain a strong presence in our greater community, this year CMSS became the champion organization, working with other committed partners and neighbors, with the goal to earn the designation of Dementia Friendly Community for the Uptown, Andersonville, Rogers Park, and Edgewater neighborhoods. This grassroots community effort is working to build a more welcoming community for individuals living with dementia and their care partners.



I am thrilled to be able to share our highlights from 2022. I hope you feel as proud as we are to have an impact on those we serve in Chicago and beyond. My sincere thanks for choosing to support CMSS in this important work.

Bill

Bill Lowe
President & CEO
CMSS

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2022 SPIRIT AWARD RECIPIENT

CMSS was thrilled to recognize Dr. Neelum Aggarwal with the 2022 *Spirit Award*. She is a Professor in the Departments of Neurological Sciences and the Rush Alzheimer’s Disease Center at Rush University Medical Center. Dr. Aggarwal lives by and demonstrates our core values at CMSS of dignity, respect, compassion, and equity; inspiring not only CMSS residents and families, but also our team members, students, and volunteers.

IMPACT BY THE NUMBERS

\$1.9M in free and uncompensated care

2,000 older adults and their families served

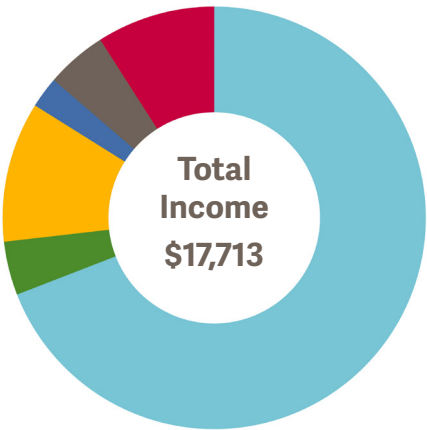
3,315 hours from **127** volunteers and interns

650 participated in timely educational webinars

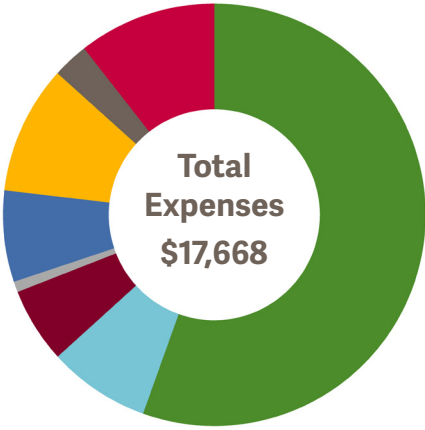
90% of clients, residents, and their families would recommend CMSS

FINANCIAL SUMMARY

Fiscal year ending December 31, 2021
(all figures in thousands)



- Skilled Nursing & Memory Care - \$12,241
- Independent Housing - \$722
- Investment Income - \$1,900
- Contributions - \$426
- Other Nonoperating Income - \$824
- Community Services - \$1,601



- Salaries & Benefits - \$9,800
- Supplies - \$1,379
- Occupancy - \$1,021
- Interest - \$146
- Depreciation/Amortization - \$1,235
- Purchased Services - \$1,733
- General Admin - \$491
- Free & Uncompensated Care - \$1,864



Hartwell Place

Hartwell is a boutique memory care community tucked away on a quiet tree-lined street in Andersonville. Private suites provide a space that feels like home and a team that feels like family. Offering a 24-hour nurse on staff, a high care partner to resident ratio, and engaging arts and music programming designed to create meaningful and joyful moments for residents.

“Hartwell Place is an ideal home for my mother with dementia. She is so fortunate to be where the team is so attentive, knows her, and can meet her specific needs.”

- Hartwell Place Family Member

SASI Home Care

One of a few nonprofit home care agencies in Chicago, SASI Home Care provides a high level of personalized care and attention to clients and their family members. Twenty percent of SASI team members have worked 10+ years at SASI and the quality of care clients receive from individual care partners to everyone on the support team is invaluable.



“I am so grateful for the level of high-touch care given to our mom and the time taken to check in with us. SASI is serving not just her, but our entire family.”

- SASI Home Care Family Member



Wesley Place

Wesley Places serves residents and their families with a continuum of services including memory care, long-term skilled care, and short-term rehabilitation. In 2022, Wesley Place reimagined a space for residents living with dementia and their families to engage in day-to-day activities including setting the table, preparing a meal, baking cookies, and washing dishes. This space provides residents the opportunity to once again take part in day-to-day activities.

“I don’t quite know how to express my overwhelming gratitude for the Wesley Place family in my life and in the life and care of my beloved husband.”

- Wesley Place Family Member



Affordable Housing

This year CMSS celebrates 32 years of offering affordable independent housing to older adults. In addition to housing, residents are able to take advantage of on-site support from CMSS team members, educational seminars such as Medicare Fraud Prevention, weekly transportation to the grocery store and medical appointments, and in-home health services.

“We are fortunate to have a community that feels like family. We help and encourage one another whenever we can and are so grateful to the CMSS team.”

- Affordable Housing Resident

West Suburban Senior Services

Open 5-days a week, West Suburban Senior Services (WSSS) offers a Senior Center and LGBT+ programming. WSSS provides an array of engaging programs and services including Thrive with Pride Café in collaboration with AgeOptions for LGBT+ older adults, customized exercise programs with Loyola University Chicago, and is a site for congregate daily affordable and nutritious meals in partnership with AgeOptions and Community Nutrition Network & Senior Services Association.



“In some communities, there is nothing for LGBT+ older adults. At WSSS, we have created a close community where we feel that we are a part of something. We do belong and we are together in this.”

- WSSS Participant



Senior Connections

In 2022, Senior Connections was honored to receive this year's Community Impact Award from LeadingAge Illinois. Senior Connections fosters intergenerational friendships between trained volunteers and older adult participants living independently. After 30 years of meaningful impact, the program conducted a comprehensive needs assessment in 2022, shaping the program's future growth and expansion beyond Evanston.

“I love being with Frank! He always brightens up my day. I look forward to our visits each week, he has truly become an integral part of my life.”

- Senior Connections Volunteer



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Donation period November 1, 2021 - October 31, 2022



Chicago Methodist
Senior Services

1415 W. Foster Ave.
Chicago, IL 60640

MISSION

CMSS is a nonprofit organization providing a continuum of care and residences committed to empowering each person we serve to live their best life, while embracing the needs of a diverse and evolving community.

VISION

CMSS will be a leader in building a diverse, equitable and inclusive organization. We will create a progressive model of care that will lead the next generation of services supporting older adults, while being recognized throughout our continuum of services as demonstrating excellence in memory care.

OUR VALUES



WE MEET THE
NEEDS OF THE
INDIVIDUAL



WE MEET THE
NEEDS OF
THE BROADER
COMMUNITY



WE CREATE
GREATER IMPACT
THROUGH
PARTNERSHIPS



WE BELIEVE
INDIVIDUAL
DIFFERENCES
MAKE US
STRONGER



WE INVEST IN
OUR PEOPLE

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